

SILVER STARS SHINE

For more than two decades, some of Tallahassee's most accomplished seniors have been honored at the annual Silver Stars Gala. Organized by the City of Tallahassee Senior Services, the Silver Stars Gala, attended by more than 350 people this year, is the community's premier senior recognition event. Eight servant leaders were selected for the 2025 class of Silver Stars for their positive outlook, active lifestyle and dedication to others since the age of 60.

"The 2025 Silver Stars honorees are exceptional servant leaders who have made extraordinary impacts on the lives of many in our community. With a wide variety of award-winning programs offered at the Tallahassee Senior Center and a second location under construction, the City proudly supports our aging residents keeping them active and engaged." - Mayor John Dailey

This year's Silver Stars, ranging in age from 75 to 88, are the Honorable Augustus D. Aikens Jr., Dr. Ken Boutwell, Dr. Joel Dawson, Margaret Lynn Duggar, Mary Randle Johnson, Gracie Leland, William "Bill" McKeown and John Schmidt.

To read the complete stories of this year's extraordinary Silver Star award recipients, visit TallahasseeSeniorFoundation.org. The Silver Stars Gala is presented by the Tallahassee Senior Center & Foundation, Tallahassee Senior Services is part of the City of Tallahassee's Parks, Recreation and Neighborhood Affairs (PRNA) Department. For more information, including updates on the new Tallahassee Senior Center under construction, visit Talgov.com/Seniors or follow the Tallahassee Senior Center on Facebook. With award-winning programs, community centers for all ages and 100+ parks to explore, the City's PRNA offerings play an important role in making Tallahassee a 2025 All-America City finalist and enhance quality of life for residents and visitors every day.



Sustainability Tip

Rediscover outdoor cooking with a natural gas grill. Keeping the heat out of the kitchen can help reduce your summer air conditioning costs.



CELEBRATE AMERICA

This Fourth of July, head to Tom Brown Park for the City of Tallahassee's Celebrate America event! From 6-10 p.m., enjoy live music and more leading up to the dazzling fireworks display, sponsored by the City's Electric & Natural Gas Utility. Find more event details at Talgov.com/CelebrateAmerica.

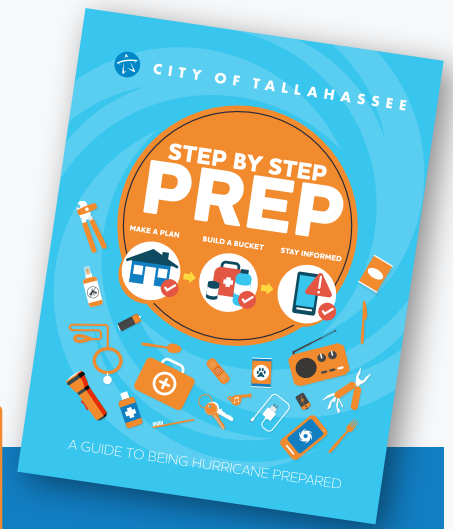


City of Tallahassee
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HURRICANE SEASON IS HERE

Hurricane season runs from June 1 to November 30, and the City continues to actively prepare. During a natural disaster, there may be a time when responders cannot reach you. You are your best first line of defense. Citizens play a vital role in surviving and recovering from a disaster, so residents should also make and review their emergency plans and preparations. To guide residents through the planning process, the City offers its Step by Step Prep guide. In this colorful booklet, you'll learn what to do before, during and after storms, as well as find information about City services. You can download the Step by Step Prep guide at Talgov.com/PREP to help your household prepare.



Scan the QR Code to Download the Step by Step Prep Guide

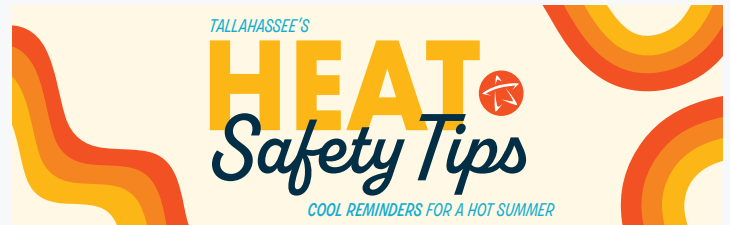


DO GREAT THINGS

The City of Tallahassee is the largest single provider of municipal services in the region, including police, fire, public transportation, electric, gas, water, parks and more. With more than 30 departments, the City has opportunities for a wide range of skilled professionals. Learn more about careers with the City, comprehensive benefits offered and how you can do great things to create a strong, vibrant community at Talgov.com/Jobs.



STAY COOL THIS SUMMER



Florida summers are hot, with temperatures easily climbing into the 90s and 100s from June through September. Follow these tips to help keep your cool this summer.

- Plan high-energy activities for the coolest time of the day, typically in the early mornings or late evenings when the sun is lower.
- Stay hydrated. Pack plenty of extra water for when you will be in the heat for an extended time. The CDC recommends 8 oz. of water every 15-20 minutes when working in the heat.
- Never leave people or pets in a hot car, especially babies or the elderly. Temperatures can rise to deadly levels in minutes during the summer.

Find more safety tips this summer, plus details about cool water days, by following the City of Tallahassee Fire Department on Facebook.

Find more summer heat safety tips at Talgov.com/Heat.

For all City of Tallahassee utility related inquiries, please call 850-891-4968 or visit Talgov.com.

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Insight is published monthly to inform citizens about City services and related items of interest. If you require an accommodation because of a disability in order to participate in a program, service or activity, please contact the City's ADA/Title VI Coordinator at least two business days prior to the event at 850-661-3235 or Kathleen.Wright@Talgov.com. For persons using a TDD, please call 711. Sign language interpreters require 10 days advance notice.

MEETINGS IN JULY

Visit Talgov.com for the current list of Tallahassee City Commission, Community Redevelopment Agency, Capital Region Transportation Planning Agency and Blueprint Intergovernmental Agency meetings and workshops. Call the Department of Communications at 850-891-8533 for more information and view the current meeting agendas online at Talgov.com.

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